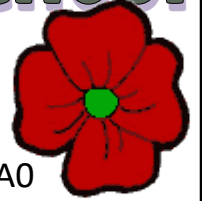


Elk Point Elementary School

November 2024

Box 600, 5410—50 Street, Elk Point, Alberta, T0A 1A0



Principal: Mr. Garth Finlay

Asst. Principal: Mrs. Reanne Mudryk

Phone: 780-724-3880

Website: www.elkpointelementaryschool.ca

Text: 780-646-2160

Email: epe@sperd.ca

Facebook: Elk Point Elementary SPERD

Our School Remembrance Day Ceremony will be held Friday, Nov. 8 @ 1:00 pm



November

- 3 Daylight Savings Time Ends
- 7 Camo Day
- 7 Hot Food—Perogies/Sausages
- 8 Remembrance Day Ceremony
- 11 Remembrance Day—no school
- 12-15 Fall Break—no school
- 19 Dec. Milk & Hot Food Orders Due
- 19 Skate Sale 3:30—4:30 pm
- 20 Parent Council Meeting @ 6pm
- 21 Hot Food—Taqitos
- 22 Report Cards Go Home
- 26 Student Assembly
- 28 Parent Teacher Conferences
- 28 Hot Food—Chicken Nuggets
- 29 Moustache Day
- 29 Family Activity



Show Your SCHOOL SPIRIT!

Camo Day



Nov. 7th



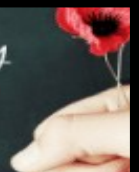
Moustache Day
Friday, Nov. 29

Tiger Tuesday



Students are encouraged to wear orange/black.
School gear can be purchased online at elkpointelementary.entripyshops.com

Remembrance Day
LEST WE FORGET



Parent Council Meeting

6:00 pm

EPE Science Room



Reporting

Absences




Parents are encouraged to use **SAFE ARRIVAL** to report your child's absence

- ⇒ Download the SMHome App
- ⇒ Online @ home.schoolmessenger.ca
- ⇒ Call 1-844-502-5088

Text **YES** to **978338** to sign up for SchoolMessenger

LUNCH BOX CHECKLIST

- Did you pack a fork/spoon? 
- Do you need ketchup/mustard/sauce? 
- Can it be put in the microwave? 

Don't forget to **FALL BACK!**

Set your clocks back one hour Sunday morning...

And enjoy an extra hour of sleep!



SUNDAY, NOVEMBER 3RD

www.elkpointelementaryschool.ca

school lunch menu

NOV. 7—PEROGIES/SAUSAGES

NOV. 21—TAQUITOS

NOV. 28—CHICKEN NUGGETS

PARENT VOLUNTEERS NEEDED!!

If you are able to assist with our Hot Lunch Days please call the office.

HOT FOOD & MILK ORDERS

The deadline for December Hot Food orders is **TUESDAY, NOVEMBER 19TH**

Order and Pay for your child's order through schoolcashonline .

No late orders will be accepted.

After School Plans

We strongly encourage parents to communicate any afterschool plans with their children at home every morning. You can also write in your child's agenda. It's the most effective means of communication between your home and the school. Other options are to email or Remind message your teacher.

DAYS ARE GETTING COLDER!



Time to dig out those warm winter clothes!!!
Please ensure your child has a toque, mitts & warm coat.

Fall Break



Nov. 12-15

Just a reminder to please pay your child's school fees through schoolcashonline

Food Drive



Thank You so much for donating food to the Elk Point Elementary School Food Drive!

The 292 items of food will help feed many families this winter. Families that receive food are very grateful for your help!

Thank You for caring about people in need in this area. Your support is truly appreciated!



Skate Sale

Tuesday,
November 19
3:30-4:30 pm



COATS FOR KIDS

STOP BY THE SCHOOL LOBBY AND CHECK OUT THE RACKS OF WINTER COATS WE HAVE TO GIVE AWAY.

IF YOU NEED A COAT, PLEASE FEEL FREE TO TAKE ONE!

IF YOU HAVE WINTER COATS THAT YOU WOULD LIKE TO DONATE YOU CAN DROP THEM OFF AT THE OFFICE.

THEY MUST BE IN GOOD, CLEAN CONDITION.



TOP TIGERS

KA—Bobbi Holthe

1—Dakyo Jung

2A—Gavin Brousseau

2B—Tucker Pankiw

3—Oliver Williams

4—Nolan Dones-Janzen

4/5—Madison Bannister

5—Ashley Beck

6—Victoria Page



YOU GUYS ROCK!!

LEARNING COMMONS

CORNER

Wow!

We are busy in our Learning Commons!!!
Time is FLYING BY!!!

Library Jeopardy for the Grades 5 & 6's
will be starting right away!



ACCELERATED READER has begun its 19th year at Elk Point Elementary! The students from Grades 2-6 read their AR books and quiz on it. An added bonus is that they get points awarded for their success as well as prizes for it!! I think it is fabulous to see these students reading in their zone and achieving their goals!! Come see me if you have any questions about this program that our School Division has purchased!

REMEMBER - Our 1st Reporting period ends November 8th!!
Congratulations to all that have made their AR goal to date!!!

Our School is once again participating in Santa's Anonymous. Check out the information page attached to this newsletter!

OUR LEARNING COMMONS IS A BUSY
BUT REWARDING AND
HAPPENING PLACE TO BE!!!!



Have a great reading MONTH!!
Mrs. Dewan



Skating Fee
\$10.00 per student
please pay on schoolcashonline

UPCOMING EVENTS:

- **SKATE SALE:** Tuesday, November 19 @ 3:30-4:30 pm in the gym.
- **GRADES 3-6 SKATING PROGRAM:** Begins Monday, December 2nd

All students must be equipped with skates, certified helmet & appropriate winter gear for the Skating Program, which will run from December 2 until December 13, 2024. The EPE Skating Program runs during our regular Phys. Ed Periods during the day, so please be sure your child comes prepared to these classes. If your child does not have skates, be sure to check out the Skate Sale on November 19th. If you have skates or helmets to sell or donate for the Skate Sale, please contact Mrs. Roche or the office, before November 18th.

For students who are unable to find skates or helmets, the school does have some to lend out for the duration of the skating program. Please notify the office or Mrs. Roche if you are needing some.

I encourage all students, who may have difficulty tying up their skates by themselves, to be practicing at home before our Skating Program begins. We will have some parents assisting with tying in the Grade 3, 4 and 4/5 classes, but it is important to encourage your child to help out by getting their own skates on and making an effort to tie them up.

Volunteers Needed!!!!

I am looking for some skate tying volunteer Coordinators for Grades 3, 4 & 4/5 to organize a skate tying schedule for each class. If interested, please contact Mrs. Roche or the office by Monday, November 18th.

SAVE THE DATE



Christmas Concert

Wednesday, December 18th

Concert @ 1:00 pm

Doors open @ 12:00 pm

REPORT CARDS

Early Reporting Period

With our new fall break, the time teachers have had to assess students in the first two and a half months is a little shorter than in the past. Because of this, the November report cards won't cover as many outcomes as you'll see in the spring and end-of-June reports. You can, however, expect a thorough report on outcomes that have been covered and learning demonstrated in class.

Rest assured, lots of great learning is happening, as will be evidenced in our report cards coming home on November 22, and in parent teacher conferences on November 28. Conferences on November 28 may include information gathered after report cards were submitted.

Mr. G. Finlay

Principal, Elk Point Elementary School

**Report Cards go home on
Friday, November 22nd**

Parent-Teacher Conferences

will be held

**Thursday, November 28th
between 4:00–7:00 pm**

Please call the school office

**Between 9:00 am on
Monday, Nov. 25th and
12:00 pm on Nov. 28th**

to book a time.

NOVEMBER AFTER SCHOOL ATHLETICS

november 2024

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21 ATHLETICS	22	23	24
25	26	27	28 ATHLETICS	29	30	

YOUR PARAGRAPH TEXT

Elk Point Elementary School is once again offering an after-school athletic program, to provide an additional opportunity for our Grade 5 & 6 students to further develop athletic skills, sportsmanship, and overall fitness. The vision for this program is to achieve this through a balance of instructional activities and active games that develop personal and group skills. To begin with, we will focus on the sports of Team Handball, Basketball and Volleyball.

The program will run from 3:30 pm to 4:30 pm on Wednesdays in the Elk Point Elementary Gym. For safety and management reasons, only students participating in the program will be allowed in the gym on practice days.



PUT A SMILE ON A FAMILY'S FACE!

**This Christmas you can help a family in need.
We have decided once again to donate to Santa's Anonymous.**

Some requested items, but not limited to:

- baby items
- diapers, soothers, wipes, blankets, baby towels
- hygiene products
- soap, toothpaste, toothbrushes, shampoo, hand sanitizer
- unexpired canned foods, unexpired non-perishable foods
- toys
- make-up kits

Please do not send clothes as the sizes of recipients are not known.

**Any Santa's Anonymous items can be dropped off at our main office doors
or brought in with your child and given to their teacher.**

We will be accepting donations from November 1st - December 7th.

Thank you in advance!

For more info or if you have any questions, please contact



Addiction & Mental Health News

November 2024

Empower your teen. Help them resist drug use/risky behaviours by:

- Nurturing their self-confidence and intelligence
- Creating a sense of hope and optimism
- Ensuring they grow up in a safe environment and are involved in extracurricular activities
- Making sure they have the community support that they need
- Providing clear rules and consequences

Help your kids practice refusal skills

Help your kids practice saying no so they feel comfortable and confident setting boundaries with their friends. Examples of boundary-setting statements they could use:

- No thanks, I'm not interested
- I have to go home
- I'd rather do something else
- Deflect and redirect:
 - Suggest other activities to participate in

Practice these skills with your teen just like you would any other experience.

Talk to your teen about substance use. Here are some tips for having the conversation:

- Talk regularly and often. Many "mini-conversations" are better than long lectures.
- Think about their perspective and listen respectfully.
- Use "teachable moments" to discuss drug use with your teen. (i.e.) while in the car or at the dinner table.
- Eat a meal together as often as possible. Family meals are great ways to strengthen your relationship.

YOU are your child's most important role model

Talking openly with your teen about drugs can help strengthen your relationship. When you have a solid connection, communication becomes much easier.

If your teen talks back or argues, it doesn't mean they are pushing you away. In fact, it often means the opposite. By asserting their independence, your teen is actually working on building a stronger and healthier relationship with you.

MORE RESOURCES:

[Centre for Addiction & Mental Health](#)

[Parent Information Series - AHS](#)

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642



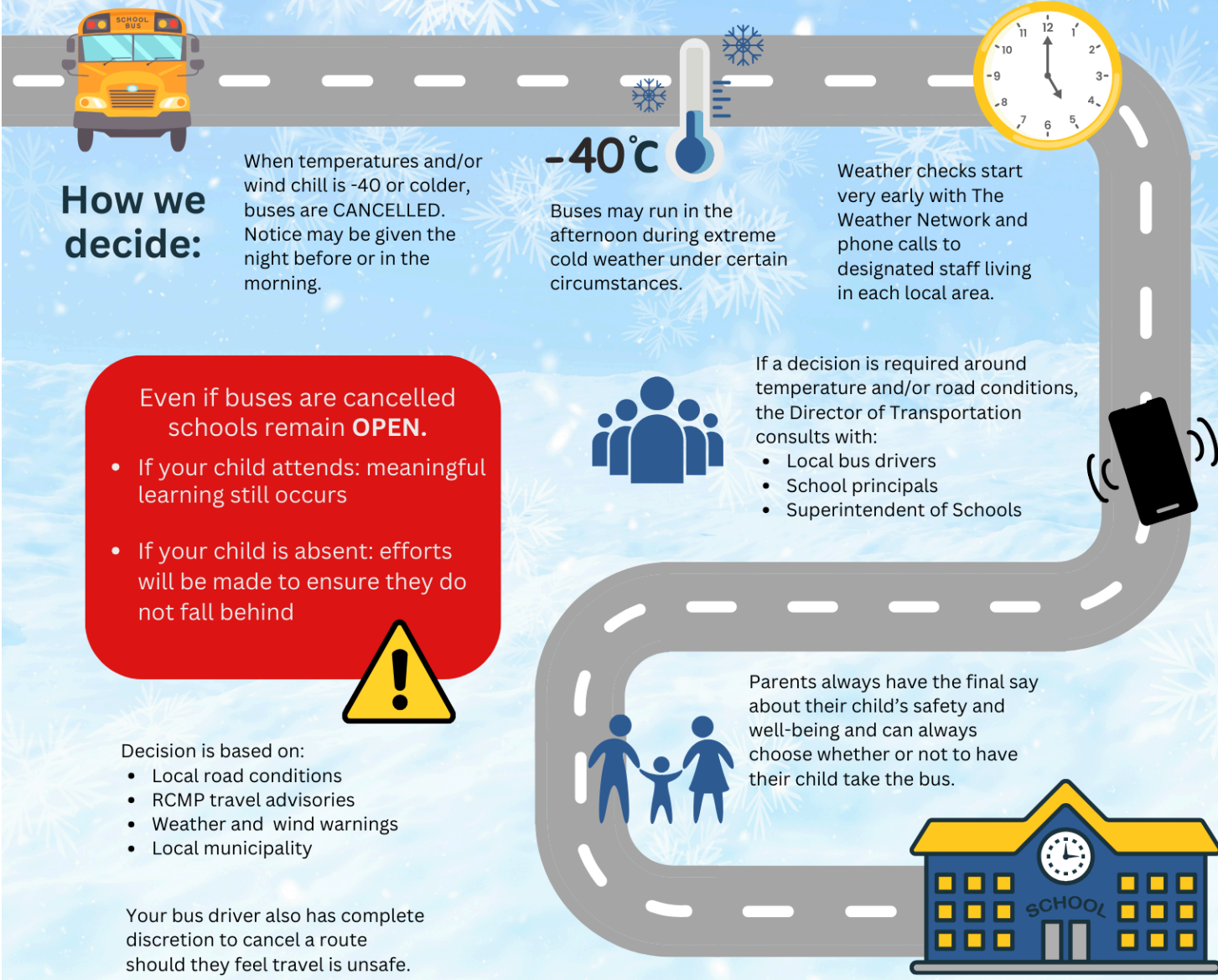


EXTREME WEATHER

Is my child's bus running? Coming home early?

Throughout the winter, weather and road conditions are constantly monitored with the safety of students and staff at the center of all of our decisions. We strive to inform parents of any delays or cancellations as quickly as possible. Here's how you may be notified:

- Bus driver contact
- Call/text from your school
- Local radio stations
- Bus Status app
- Division social media (Facebook and Instagram)
- Division website
<https://www.stpauleducation.ab.ca/transportation/bus-status>



The Nations of Saddle Lake, Whitefish Lake and Frog Lake make independent decisions about their buses. Please contact them directly for any questions regarding their transportation policies.

HOW SICK IS TOO SICK FOR SCHOOL?



SEND TO SCHOOL

- A runny nose or just a little cough but no other symptoms.
- Sore throat but no other symptoms.
- No fever in the past 24 hours without fever-reducing medicine.
- No vomiting or diarrhea for 24 hours.

KEEP AT HOME

- Fever higher than 100.4 degrees F (38 degrees C).
- Sore throat, with other symptoms such as a persistent cough.
- Vomiting or diarrhea in the past 24 hours.
- Eyes are pink and crusty.
- Has been exposed to an illness where isolation is recommended.



St. Paul Education













stpauleducation.ab.ca



NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Day 6 KB	2
3 FALL BACK Daylight Savings Time Ends 	4 Day 1 KA	5 Day 2 KB 	6 Day 3 KA	7 Day 4 KB Camo Day  Perogies 	8 Day 5 Remembrance KA Day Ceremony 1:00 PM 	9
10	11  REMEMBRANCE DAY	12-14 Fall Break			15 	16
17	18 Day 6 KB	19 Day 1 Skate Sale KA 3:30-4:30 pm DEC. MILK & HOT FOOD ORDERS DUE 	20 Day 2 KB	21 Day 3 KA Pepperoni Cheese Taquito 	22 Day 4 KB  Report Cards go home	23
24	25 Day 5 KA	26 Day 6 KB  Assembly 	27 Day 1 KA	28 Day 2 KB  Chicken Nuggets	29 Day 3 KA Family Activity  Moustache Day	30